



Physical Education

A-LEVEL, 2023/24

Why A-level PE?

An exciting course containing a range of interesting topics
Develop your level of sporting performance and your understanding
of a wide range of factors that support this

Passionate subject teachers with specialist knowledge

Growing and diverse number of sports-related degrees and career options

<i>Year</i>	<i>Entries</i>	<i>A* (%)</i>	<i>A*- A (%)</i>	<i>A*- B (%)</i>	<i>A*- E (%)</i>
2022	19	53	68	74	100
2021	15	40	67	93	100
2020	8	25	100	100	100
2019	6	50	83	100	100

Course Overview

Theory	Practical/Coursework
<p><i>Component One: Physiological Factors Affecting Performance</i> Assessment: 2 hour paper (90 marks) 30% of A Level</p> <ul style="list-style-type: none"> • Anatomy & Physiology • Exercise Physiology • Biomechanics 	<p><i>Component Four: Practical Assessment & Coursework</i> Assessment: On-going practical assessment and coursework interview (60 marks) 30% of A Level</p> <p><u>Practical (30 marks – 15%)</u></p> <ul style="list-style-type: none"> • Technical ability and tactical understanding as a performer or coach in one activity <p><u>EAPI Coursework – 1 to 1 Interview (30 marks – 15%)</u></p> <ul style="list-style-type: none"> • Analysis of a peer’s performance in a chosen activity and the long-term planning of how to create improvement
<p><i>Component Two: Psychological Factors Affecting Performance</i> Assessment: 1 hour paper (60 marks) 20% of A Level</p> <ul style="list-style-type: none"> • How the body learns and develops new skills <ul style="list-style-type: none"> • Feedback and guidance • Motivation and arousal 	
<p><i>Component Three: Socio-Cultural and Contemporary Issues</i> Assessment: 1 hour paper (60 marks) 20% of A Level</p> <ul style="list-style-type: none"> • Technological influences • Ethics and deviance in sport • Commercialisation of sport 	

Practical Assessment & Coursework

30% OF A-LEVEL

PRACTICAL ASSESSMENT

Pupils are assessed as either a performer or coach in one activity

Technically accurate and effective performance

An understanding of strategies and tactics that optimise performance

EAPI COURSEWORK: I-I INTERVIEW


Evaluation and analysis of performance for improvement

Observation of a live performance and assessed oral response in which pupils critically analyse the performance and plan the steps that could be taken to improve it

Our Delivery & Support

- Teachers with specialist knowledge
- High levels of support in both practical and coursework sections
- Fantastic facilities and coaches in a wide range of activities
- Additional support sessions outside of curriculum time
- Laboratory testing trips to prestigious Universities
- Access to incredible resources such as The Everlearner




The EverLearner

The home of exam-board specific tutorials, quizzing and analytics.

www.TheEverLearner.com

Where Can PE & Sport Take You?

- Strength and Conditioning Coach
 - Sports Broadcast Presenter
 - Sports Photographer
 - Sports Journalist
 - Sports Analyst
 - Sports Commentator
 - Sports Lawyer
 - Sports Agent
 - Diet and Fitness Instructor
 - Sports Technology
- Sports Psychologist
- Personal Trainer
- Physiotherapist
- Sports Marketing, PR and Communications
 - Professional Sportsperson
- Sports Development Officer
 - PE Teacher
 - Sports Science
 - Researcher
 - Sports Coach
 - Sports Nutritionist

Destinations & Courses

- Sports Technology – Loughborough
- Sport and Exercise Science – Loughborough, Bath, Exeter, Birmingham, Durham
- Sports Management and Coaching – Bath
 - Sports Rehabilitation – Nottingham
- Sports Physical Education and Health – Cardiff Met
 - Sports Management – Exeter
- Physiotherapy – Birmingham, King's College London
 - Sports Science and Physiology – Leeds
- Sports Science and Medical Science – Exeter
 - Sports Business – Leeds Beckett
- Sports, Exercise and Health with Business – Brunel
 - Sports Marketing – Leeds Beckett

FAQs

ENTRY REQUIREMENTS

Grade 7 at GCSE

IS PE AN EASY OPTION?

Most definitely not. As with all A Level subjects there is a significant step up from GCSE. Pupils need to have a keen interest in all aspects of sport and how a wide range of social and scientific factors influence it.

HOW DO UNIVERSITIES VIEW PE A-LEVEL?

It is a well-respected subject. Universities are increasingly making this course a requirement for PE and Sport & Exercise Science Courses.

Competition to study these courses at the top universities is extremely high and as a result, the subject is well-respected within the working world.

Subject Combinations

Business

BTEC Business

Geography

Psychology

Biology

(some sports science courses
require an additional science)

Further Information

More details of the A Level PE specification can be found at www.ocr.org.uk

If you have any more questions about the course please contact Miss Rebecca Berger-North, Head of PE

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